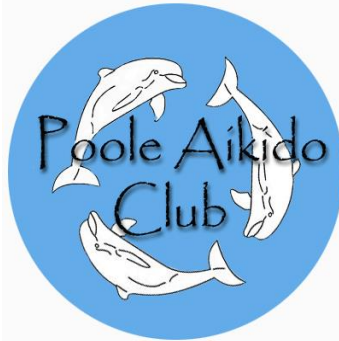


AIKIDO SEMINAR

Saturday 2nd and Sunday 3rd December 2017



KINSON COMMUNITY CENTRE

Millhams Road, Pelhams Park, Bournemouth, Dorset, BH10 7LH

Tony Sargeant Sensei, 6th Dan

Paul McGlone Sensei, 6th Dan



Adults Only (over 18s)

Price On-the-Day £35 for one day, £60 for two days
(Advance booking rate available! See booking form for details.)

There will be a Saturday Evening Meal at a local Pub/Restaurant - Numbers are limited so advance booking is ESSENTIAL! (See booking form)

Registration 9:45am, classes 10:00 – 16:30 Saturday, 10:00 – 16:00 Sunday

Please bring Bokken and Jo and proof of current insurance.

Remember - **NO INSURANCE, NO TRAINING !!**

You can bring your own lunch or there is a Tesco store about 200 metres from the centre.