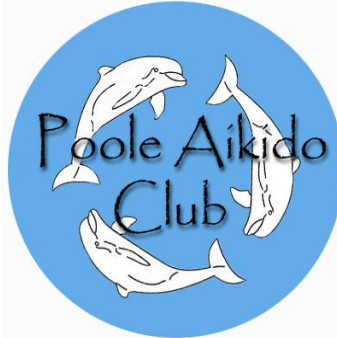


AIKIDO SEMINAR

Saturday 24th and Sunday 25th November 2018



KINSON COMMUNITY CENTRE

Millhams Road, Pelhams Park, Bournemouth, Dorset, BH10 7LH

Under the direction of

Tony Sargeant Sensei, 6th Dan

Paul McGlone Sensei, 7th Dan



Adults Only (over 18s)

Price On-the-Day £35 for one day, £60 for two days
(Advance booking discount rate available! See booking form for details.)

There will be a **Saturday Evening Meal** at a local Pub/Restaurant.
Numbers are limited so **advance booking is ESSENTIAL!** (See booking form)
(Contact for further information and booking form – paul.mcglone.aikido@gmail.com)

Registration 9:45am, classes 10:00 – 16:30 Saturday, 10:00 – 16:00 Sunday

Please bring Bokken and Jo and proof of current insurance.

Remember - NO INSURANCE, NO TRAINING !!

You can bring your own lunch or there is a Tesco store about 200 metres from the centre.