



**ASPIRE
AIKIDO
LONDON**

International Aikido Seminar with Said Sebbagh SENSEI 6TH DAN

Wembley Park, London

Saturday 27th - Monday 29th Aug 22

All styles welcome to attend, from beginners to advanced

£110 for 3 days or

£45 per day

£10 per day for visitor

VENUE

Ark Academy School

Main sports Hall

Bridge Rd, London, HA9 9JP

Registration: 09:00-10:00 (Saturday)

Start: 10:00 (Saturday) & 0900 (Sunday & Monday)

Lunch: 12:30 - 14:30

Finish: 18:00 (Saturday & Sunday) 17:30 (Monday)

Free parking available at school

Nearest tube station: Wembley Park

Please bring current insurance and Aiki Ken, Jo and Tanto

SIGN UP TODAY AND SECURE YOUR PLACE

Buy a weekend or day training pass on our website:

www.aspireaikidolondon.co.uk/aikido-seminar-2022

SATURDAY 27TH AUG 22

Registration: 0900 - 10:00

Start 10:00 - 11:00
Aiki Ken

11:00-12:00 **Taijutsu**

1130-1230 **Tachi Dori**

Lunch: 1230-1430

1430-1530 **Aiki Jo**

1530-1630 **Taijutsu**

1630-1700 **Break**

1700-1800 **Jo Dori**

SUNDAY 28TH AUG 22

**Start 0900 - 1000 Aiki
Ken + Henka**

1000 - 1100 **Taijutsu**

1130-1230 **Tanken Dori**

Lunch: 1230-1430

1430-1530 **Aiki Jo +
Henka**

1530-1630 **Taijutsu
Advanced**

1630-1700 **Break**

1700-1800 **Jo Nage**

MONDAY 29TH AUG 22 (BH)

**Start 0900 - 1000
Kumitachi + Henka**

1000 - 1100 **Special
Class**

1130-1230 **Tanken Dori
Advanced**

Lunch: 1230-1430

1430-1530 **Junken Jutsu**

1530-1630 **Taijutsu
Kokyu Nage**

1630-1730 **Ken Tai Jo**

1730 - 1745: **Group
Photos**

Then Gathering For Drinks/
Food at the Box Park by
Wembley Stadium

HOTELS IN WEMBLEY PARK Click on below links if you require accommodation

Hotel Novotel London Wembley

Wembley International Hotel

Premier Inn London Wembley Park Hotel

IBIS London Wembley Hotel

London Wembley Stadium Hotel
Premier Inn

Holiday Inn London Wembley

St George's Hotel London Wembley